

“SYNERGY FOR SUCCESS”

One Day Facilitation Workshop

on

“Resilience and Reflective Learning”

Resilience and Reflective Learning are innate competencies which have to be practiced into existence. Shell Oil Co. has encouraged Seafarers to undergo a program on Resilience & Reflective Learning.

Synergistic Solutions is proud to redesign this program to make it effective and fit into *Spirituality Leadership*, where these Competencies Deservedly belong.

OBJECTIVES OF THE PROGRAM:

RESILIENCE

- Discovering the *Spiritual Being* in ‘You’
- Change as the only *Constant* of life
- Taking Care of our *Body, Mind & Intellect*
- Dealing with situations *Beyond* our Body, Mind & Intellect
- Decision Making & Choice for *Effective Action*

REFLECTIVE LEARNING

- Types of *Learning / Learners*
- Process towards *Behavioural change*
- Difference between *Learning* and *Performance* in a Maritime Environment
- Moving up the *Culture ladder* - Reactive to Proactive
- *Risk normalization Vs Chronic Unease*

Date: 24th March 2018

Time: 0930 to 1730

Venue: The Fern, Chembur

Fees: Rs. 5,000/- + GST

Synergistic Solutions®



For Reservations Please Contact:

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